The Value of Cover Crops for Erosion Control

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Interrill erosion also known as sheet erosion is the soil detachment and movement that is caused by raindrop impact and the diffuse flow of water across the soil surface. Eventually, the detached soil or sediment is transported to rills.
Rill erosion is the soil detachment and movement that is caused by flowing water in concentrated channels or rills. Rills are usually small enough to be leveled or smoothed out with tillage.
Gully erosion is often defined for agricultural land in terms of channels too deep to easily remedied with ordinary farm tillage equipment. In other words, gullies are rills that have gotten out of hand and do not have continually flowing water.
Why worry about erosion?

Because soil productivity depends on topsoil depth for water and nutrient storage.

![Graph](image_url)

**Figure 4.** Effect of A horizon thickness on corn yields with two different N rates for till-derived soils (Kazemi et al., 1990).
Average erosion rate for U.S. cropland in 2003 is 4.7 tons soil/acre/yr, which results in:

- loss of estimated $40/acre/yr of nutrients
- loss of 0.55 tons/acre/yr of soil organic matter
- loss of 0.033 inches of topsoil/acre/yr and this is about 10 times the rate of soil replacement from parent material (0.0035 inches/acre/yr)

In 150 years of farming, Iowa has lost an estimated 6-8 inches of topsoil at a rate of 0.04 to 0.53 inches/yr
We've lost 10% of the fertile soil on Earth since 1945, we'll double our population in 50 years, and replacement of topsoil takes 500 years.

More evidence we're not too good at math.

So if erosion is so bad, why haven't we done anything about it.
We like to till and there are a lot of good reasons for tilling.
Corn and Soybeans have a 7 Month “BROWN” Gap

Corn or Soybean Crop at Maturity approx. Oct. 1

Phosphorus

Soil OM

Topsoil

Nitrogen

Corn or Soybean Crop at Emergence approx. May 1

Soil productivity is lost during the “BROWN” gap because there are no “GREEN” plants to protect soil and recycle nutrients.

Unlike natural systems that have some plants growing when the ground is not frozen, agricultural systems have extended periods without plants, which leads to losses.
So what do we do about erosion?

The first step is to leave more residue on the soil surface throughout the year.

A second step might be to grow winter cover crops between harvest and planting.
One of the main reasons for planting cover crops is to reduce erosion

Cover crops reduce erosion in several ways:

- Increase infiltration
- Protect the soil from raindrop impact
- Slow surface water flow rates
- Hold other crop residues in place
- Cover crop roots hold soil in place
- Supplement existing surface residues
Rainfall Simulator used for Erosion Measurements of No-Till Soybeans with and without Cover Crops in mid-April
After Simulated Rainfall

NO COVER CROP | OAT COVER | RYE COVER
• Rye and oat cover crops increased infiltration only in 1998.
• Infiltration would be expected to vary from year-to-year depending on the growth of the cover crop, residue cover, compaction and the amount of rainfall received before the measurement.
• Cover crops were not planted after corn in this study.
Cover Crops and No-Till Soil Structure
The rye cover crop reduced interrill erosion in all three years, whereas the oat cover crop significantly reduced it only in 1997.

Cover crops reduce interrill erosion by protecting the soil surface from raindrop impact, intercepting raindrop splash, and slowing the flow of water across the soil surface.

Because no-till was used for all treatments, the soil had good residue cover to begin with and the erosion rate was low even for the control, which did not have cover crops.
Both the oat and rye cover crop significantly reduced rill erosion.
Rill erosion partly depends on slope length and the surface area occupied by rills.
Cover crop shoots protected the soil surface from direct contact with flowing water and held other residues in place.
Cover crop roots held the soil in place and prevented the flowing water from cutting into the soil to form larger rills or channels.
After Simulated Rainfall

NO COVER CROP  OAT COVER  RYE COVER
Relative Erosion

Relative Rill and Interrill Erosion Rate in No-till Soybean as Affected by Cover Crops

Literature summary of percent reduction (57 to 96%) in erosion due to winter cover crops.

<table>
<thead>
<tr>
<th>Reference</th>
<th>Location</th>
<th>Cropping System</th>
<th>Cover crop</th>
<th>Reduction in Erosion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beale et al., 1955</td>
<td>South Carolina</td>
<td>Conv. Till corn</td>
<td>hairy vetch and rye</td>
<td>57%</td>
</tr>
<tr>
<td>Wendt and Burwell, 1985</td>
<td>Missouri</td>
<td>No-till corn silage</td>
<td>winter rye or wheat</td>
<td>96%</td>
</tr>
<tr>
<td>Zhu et al. (1989)</td>
<td>Missouri</td>
<td>No-till soybean</td>
<td>chickweed</td>
<td>87%</td>
</tr>
<tr>
<td>Zhu et al. (1989)</td>
<td>Missouri</td>
<td>No-till soybean</td>
<td>downy brome</td>
<td>96%</td>
</tr>
<tr>
<td>Mutchler and McDowell 1990</td>
<td>Mississippi</td>
<td>Conv. Till cotton</td>
<td>wheat or hairy vetch</td>
<td>73%</td>
</tr>
<tr>
<td>Mutchler and McDowell 1990</td>
<td>Mississippi</td>
<td>No-till cotton</td>
<td>wheat or hairy vetch</td>
<td>88%</td>
</tr>
</tbody>
</table>
RUSLE2 Erosion Estimates Using Beta Version of Cover Crop Vegetation Files

- Corn–Soybean rotation, NT, spring anhydrous, 5% slope, 150 ft slope length, Ames, IA
  - without rye cover crop = 2.1 t/ac/yr
  - with rye cover crop = 1.2 t/ac/yr

- Continuous Corn Silage, NT, spring anhydrous, 5% slope, 150 ft slope length, Ames, IA
  - without rye cover crop = 4.8 t/ac/yr
  - with rye cover crop = 1.9 t/ac/yr
Predicted Erosion as Affected by Slope and Winter Cover Crops

- Rye cover crop
- No Cover Crop
Predicted Erosion as Affected by Slope and Kill Date of Cover Crops

- **7% slope**
- **4% slope**
- **No Cover Crop**

Day of Year (DOY) vs. Predicted Erosion (tons/acre/yr)
Conclusions

• Winter cover crops reduce erosion especially rill erosion.

• Winter cover crops reduce erosion by increasing residue cover and impacting erosion processes, which may not be completely reflected by current erosion models or databases.

• Unlike some conservation practices, erosion control is not the only benefit of winter cover crops.
Questions?

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Rye in Spring on Berger Farm
Rye in Fall on Berger Farm
Rye after Corn Silage
Oats after Soybean
Water erosion can be separated into two processes. Interill erosion and rill erosion. Interill erosion also known as sheet erosion is the soil detachment and movement that is caused by raindrop impact and the diffuse flow of water across the soil surface. Rill erosion is the detachment and transport of soil caused by flowing water in concentrated channels or rills.