



## NEBRASKA COVER CROP RECIPE

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# Post Corn, Going to Soybean: Use Cereal Rye

*This publication is intended to provide a starting point for farmers who are new to growing cover crops. With experience, farmers may fine-tune the use of cover crops for their systems.*

### Introduction

The following recipe provides an introductory approach to integrating a cover crop into a corn-soybean rotation. Planting a cover crop ahead of a soybean cash crop is often the easiest way to introduce cover crops into your rotation. Farmers who plan to grow wheat in a crop rotation should use cereal rye with caution. Cereal rye cannot be grown or used as a cover crop on fields where certified wheat will be grown in the next five years.

### Planning and Preparation

- **Planning**—Educate yourself. Learn the pros and cons of cover crops through reading, attending field days and conferences, and talking with farmers who have used cover crops successfully. Start small. Be timely. Prioritize management based on your goal for using cover crops.
- **Corn hybrid and planting**—If possible, plant the preceding corn crop early and use an early maturity corn hybrid. One strategy is to use cover crops on the field you usually harvest first, on sloping ground, or on a field where you can watch it regularly, and to plant your earliest maturity hybrid on that field.
- **Residual corn herbicides**—Cereal rye can be seeded and a successful stand will occur in the fall following most of the spring-applied residuals used in corn. However, if cereal rye will be grazed or fed to livestock, there are some restrictions (see Resources section).
- **Seed purchase**—Order cereal rye seed early. Named varieties can produce substantially more growth or more predictable growth and maturity, but they are more expensive than VNS (variety not stated) seed. Unless you are considering grazing or using the cereal rye as a harvested forage, start with VNS seed with a good germination rate purchased from a reputable seed dealer. Note that this means the seed has been cleaned, tested for germination, and has a seed tag even though it is VNS.

### Fall Work

- **Corn harvest**—Harvest fields where cereal rye is to be planted as early as possible.
- **Tillage or no-tillage**—To allow for adequate cover crop growth, it is best or easier if no full-width tillage is planned for after rye planting or before intended rye termination date. Thus, it is easier to integrate cover crops into no-till or strip-till systems.
- **Timing of planting**—Ideally, plant cereal rye as soon after harvest as possible and before two weeks after the 50% frost date. In northern Nebraska, this would be before Oct. 15; in southern Nebraska, before Nov. 1. Use the Selector Tool (in Resources section) for more precise dates for your county. These dates are guidelines; the sooner cereal rye is planted in the fall, the better, but later-planted cereal rye can also be successful.
- **Seeding rate**—Drilled seeding rate: 45–60 lbs./acre. Broadcast with shallow incorporation: 50–65 lbs./acre. These rates are based on high-quality seed with germination rates of 85–98%.
- **Planting method**—Drill to 0.75–1.50 inches deep or broadcast with shallow incorporation. An air-seeder mounted on a vertical tillage tool can also be used.
- **Fertility or liming**—If applying P, K, or lime, complete the application prior to the seeding operation or apply to the growing rye before the ground freezes. If it is necessary to inject manure, low-disturbance injectors are available that will cause minimal damage to the cereal rye. Surface application of liquid manure on top of the rye is not recommended. Surface broadcast of dry manure or litter should be done prior to seeding, but 4 tons or less can be applied to growing cereal rye with minimal damage by using modern spreading equipment that provides even distribution.

### Spring Work

- **Scouting**—In the spring, scout your cereal rye cover crop to determine how well it is growing and its coverage. But if rainfall is below normal, scout also to monitor soil



Figure 1. Terminate cereal rye growth when approximately 6–12 inches in height (shown here). (Gary Lesoing)

moisture in case earlier termination is needed for the germination and growth of the desired row crop.

- *Termination timing*—Terminate the cereal rye in the spring when plants are 6 to 12 inches tall and actively growing or about two weeks before planting soybean—whichever comes first. Many growers will successfully plant soybean into terminated cereal rye much taller than 12 inches, especially if weed control is a primary purpose, but new cover crop users should terminate when the cereal rye is smaller (see Figure 1).
- *Termination herbicide*—Cereal rye can easily be terminated with a full rate of glyphosate (minimum of 1 lb. acid equivalent [ae]/acre) after dormancy breaks in the spring. Be aware that there can be termination issues when urea-ammonium nitrate (UAN) liquid fertilizer is used as a carrier for the herbicide. Effectiveness and rapidity of termination improves if rye is rapidly growing and air temperatures are warmer. Larger rye, rye past the boot stage, or rye sprayed during cooler weather can be more difficult to kill or will die more slowly.
- *Termination modifications for dry weather*—Watch the weather and be ready to modify your termination plans. In a dry spring, the cereal rye cover crop has the potential to use moisture that the cash crop will need, so terminate cover crops sooner to allow rainfall to make up the deficit.
- *Termination modifications for wet weather*—In a wet spring, when it has been very difficult to get into the fields to spray, be ready to take advantage of any break in the weather and/or use low axle weight sprayers. If projected soybean planting is less than 10 days away and the rye is tall, then it often works better to spray within a day or two of planting.
- *Soybean planting*—It is usually best to no-till plant soybean into the dead/dry or standing cereal rye cover

crop. Almost all modern planters and drills are fully capable of planting soybean into a cereal rye cover crop. Check planting depth and seed furrow closure shortly after beginning to plant into the cover crop residue as usually some adjustments are needed.

- *Scouting*—After soybean planting, scout for soybean emergence and population. Additionally, scout for weeds since substantial cereal rye residue can often delay emergence of annual weeds, which may delay the application of post-emergence herbicides.

## Resources

**Cover Crop Selector Tool**, <http://mccc.msu.edu/selector-tool/>—available from the Midwest Cover Crops Council, [www.mccc.msu.edu](http://www.mccc.msu.edu)

*Managing Cover Crops: An Introduction to Integrating Cover Crops into a Corn-Soybean Rotation* (Purdue Extension publication AY-353-W), [https://edustore.purdue.edu/item.asp?item\\_number=AY-353-W](https://edustore.purdue.edu/item.asp?item_number=AY-353-W)

*Residual Herbicides and Fall Cover Crop Establishment* (Purdue Extension Weed Science publication), <https://ag.purdue.edu/btny/weedscience/Documents/covercropcarryover.pdf>

**How Herbicide Labels Restrict Using Cover Crops as Forage**, <https://cropwatch.unl.edu/how-herbicide-labels-restrict-using-cover-crops-forage>

**Corn and Soybean Herbicide Options for Planting Cover Crops for Forage in Fall**, <https://cropwatch.unl.edu/corn-and-soybean-herbicide-options-planting-cover-crops-forage-fall>

*Terminating Cover Crops: Successful Cover Crop Termination with Herbicides* (Purdue Extension publication WS-50-W), [https://mdc.itap.purdue.edu/item.asp?Item\\_Number=WS-50-W](https://mdc.itap.purdue.edu/item.asp?Item_Number=WS-50-W)

## Authors

Gary Lesoing, University of Nebraska–Lincoln, and Katja Koehler-Cole, University of Nebraska–Lincoln (Note: This publication was adapted with consent from MCCC under a joint project to produce customized introductory guidance about cover crops for all member states/provinces.)

## Reviewers and Contributors

Cory Brubaker, USDA-NRCS; Keith Glewen, University of Nebraska; Eileen Kladvko, Purdue University; Anna Morrow, Midwest Cover Crop Council; Nathan Mueller, University of Nebraska; Jody Saathoff, CHS, Inc., Minden, NE

The Midwest Cover Crops Council ([www.mccc.msu.edu](http://www.mccc.msu.edu)) aims to facilitate widespread adoption of cover crops throughout the Midwest by providing educational/outreach resources and programs, conducting new research, and communicating about cover crops to the public.

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